



# Barbara Cowan Cuddihy

NOV 21, 1952 - APR 18, 2025



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# Table of Contents

<b>Obituary</b> .....	Page 3
<b>Tribute Wall</b> .....	Page 4
<b>Media</b> .....	Page 7



# Barbara Cowan Cuddihy

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**B**arbara Cowan Cuddihy, a loving wife, devoted daughter, and cherished friend, passed away peacefully on April 18, 2025, at the age of 72. Born in Hollywood, California, on November 21, 1952, to Jack and Virginia (Ginny) Cowan, Barbara lived a life marked by remarkable positivity and grace, even in the face of a rare inherited disorder which she confronted with unwavering courage.

Barbara's warm heart and kind spirit touched everyone she met. She built a successful career in the insurance industry, spanning over 35 years, accumulating numerous professional designations. On September 9, 1999, she married the love of her life, Rob Cuddihy, who survives her.

Beyond her professional accomplishments, Barbara found immense joy in her hobbies. She was a skilled quilter, a passionate gardener, and an enthusiastic card player. However, her most cherished pastime was yoga, a testament to her lifelong dedication to maintaining an active and healthy lifestyle. A proud Van Nuys High School alumna, Barbara maintained strong connections with her classmates throughout her life.

Barbara is survived by her heart broken family. Her devoted husband, Rob Cuddihy, and her numerous nieces and one nephew. Her parents, Jack and Ginny Cowan, predeceased her.

The family wishes to extend their deepest gratitude to Tidewell Hospice for their compassionate and exceptional care during Barbara's final days. Their kindness and support provided immeasurable comfort to Barbara and her family.



## Tribute Wall

**Barbara Cowan Cuddihy**

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**Alison Pool** posted:

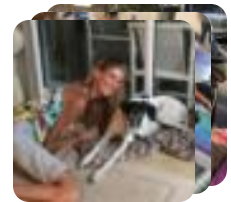
It is with a heavy heart hearing about Barb's passing. While it has been many years since I have spent time with Barb she will never be forgotten. At 24 years old I was tasked with running an insurance office in Port Charlotte. And if running an office wasn't enough we were hit by Hurricane Charley and had a claim for nearly every customer. Barb bent over backwards to help me in any way that she could. I was so thankful for her wisdom and support. Barb was such a kind soul and she certainly left an incredible mark on my life's journey. She will certainly be missed. Ali Pool

June 9 at 4:03 PM



**Jackie Mays** shared 3 photos to the **Tribute Wall** album.

My dear friend Barb. You were the first person I met when I moved to Punta Gorda all those years ago. We've had some good laughs together. I sure will miss you.



April 25 at 9:43 PM



**Ellen Wade** posted:

Barb we had such a short time together. We shared so many common beliefs about God. I know you are in heaven watching over everything. We all miss you. Ellen Wade

May 12 at 7:02 PM



**Susan Decathelineau** posted:

Though my time with Barb was brief, I feel truly blessed for every moment we shared. She was not only a wonderful neighbor but also a cherished friend. With her big heart, wonderful sense of humor, and a smile that could light up any room, she brought joy to those around her. Her presence will be deeply missed, and her memory will always hold a special place in my heart.

April 28 at 10:43 PM



**Rhonda Sodnik** posted:

Even though I've only known Barb for a short time, I feel very blessed for the time I had with her. She had the the biggest heart, great sense of humor, and the most beautiful smile. I will miss her so much. ❤️

April 28 at 11:13 AM



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RC

**Rob Cuddihy** posted:

Barb, 30 years was just a heartbeat in our timeless journey. From cruising the seas to building our dreams, every moment with you was a treasure. I'll forever cherish our love and adventures. You will always be in my heart. I will love and miss you forever. Until we meet again. Love Robbie

April 27 at 9:23 PM

RC

**Rob Cuddihy** lit a candle in honor of Barbara.

To the love of my life, you will forever be in my heart. I will always love and miss you forever.

April 26 at 6:43 PM



RC

**Rob Cuddihy** lit a candle in honor of Barbara.

To the love of my life, you will forever be in my heart, I will always love and miss you.

April 26 at 1:29 PM



ML

**Mahala Loring** shared a photo to the **Tribute Wall** album.

April 26 at 12:22 PM



TM

**Tony Mitchell** posted:

Every time I saw Barbara she would always light up the room with her smile and polite conversation. She would always greet us with a well timed cold drink after a long day of fishing with Rob. She will be greatly missed.Tony

April 25 at 11:47 PM

KB

**Kelly Bedlan** posted:

I love you Aunt Barb, always and forever!

April 25 at 10:08 PM



## Tribute Wall

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**Kelly Bedlan** shared a photo to the **Tribute Wall** album.

Aunt Barb wasn't just my aunt—she was like a second mom to me. She has cheered me on since I was a kid. After my own mother passed, she stepped into my life with the kind of love, support, and comfort that only someone with a truly generous heart could give. She never asked for recognition; she just showed up—for every hard moment, every celebration, every quiet conversation when I needed someone to simply listen without judgment. She taught me more than just tricks in the kitchen, she taught me how to love unconditionally, how to show up for people, and how to hold space with grace and kindness. Her love for my Uncle Robbie was an example of what true love really looks like and something I will always try to mirror in my own marriage. Aunt Barb had a way of making everyone feel seen, safe, and special. Her love was steady, her wisdom quiet but deep, and her presence a constant blessing in my life. I will miss her more than words can express, but I carry her in my heart every day. Thank you, Aunt Barb, for being my family, my safe place, and my friend. From the universe we all come and into the universe we all go home. I love you always.



April 25 at 9:43 PM



# Media

**Barbara Cowan Cuddihy**

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Jackie Mays shared 3 photos to the **Tribute Wall** album.

May 20 at 1:54 PM





## Media

**Barbara Cowan Cuddihy**

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**Mahala Loring** shared a photo to the **Tribute Wall** album.

April 26 at 12:22 PM





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## **Memories only last if you share them**

Join us in honoring Barbara by contributing to a collection of shared memories.



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